

Exploring Prince William Sound Teachers Course
List of Required Clothing and Gear

Word to the Wise: In this course, you will be base camping (staying in one location) for the duration of the program. Kayaking will consist of daily trips that can take you several miles from camp. To get to and from the campsite, all your gear will go on the open deck of a water taxi which will be wet, so packing in waterproof bags is essential. It will also need to be loaded and unloaded from vehicles and the water taxis quickly and efficiently, so pack in as few bags as possible. Keep your rain gear handy.

Clothing

Inner Layer of Clothing

- _____ 4 pr. thick socks (wool or synthetic, NOT cotton)
- _____ a few pairs of underwear (not cotton)
- _____ 2-3 long underwear bottoms or running tights (Capilene, Polypro, Thermax, not cotton)
- _____ 2-3 long sleeve base layer or long underwear tops (synthetic, not cotton)
- _____ 1 pr. nylon shorts
- _____ 1 pr. quick-dry hiking style pants
- _____ 1 pr. warm fleece pants
- _____ 2 quick-dry shirts (1 short sleeve, 1 long sleeve – NO cotton)
- _____ 2 fleece jackets or wool sweaters (or one of each)
- _____ 1 pr. warm gloves (wool or fleece, NOT cotton) – for camp, not paddling
- _____ 1-2 Buff neck gator or bandana

Outer layer

- _____ 1 pr. synthetic backpacking style rainpants
- _____ 1 pr. Rubberized fisherman style rain bibs or pants (available to rent from Alaska Geographic)
- _____ 1 synthetic backpacking style rainjacket with a hood (Gor-tex or equivalent)
- _____ 1 rubberized fisherman style rainjacket with a hood (available to rent from Alaska Geographic)
- _____ 2 warm wool or fleece hats (one for daytime and one for sleeping)
- _____ 1 baseball or sun cap
- _____ 1 pr. under knee rubber boots (Xtra Tuff or equivalent)
- _____ 1 pr. camp shoes (sneakers, crocs, chacos, or light hiking boots)

Other gear

Sleep System

- _____ 1 sleeping bag, synthetic fill only, rated to + 20 degrees or below (Alaska Geographic can assist with sleeping bags and pads but will need to collect a dry cleaning fee.)
- _____ 1 contractor trash bag to line sleeping bag stuff sack for waterproofing
- _____ 1 sleeping pad (Thermarest, or closed cell foam)

Around Camp

- _____ 1 small camp stool or crazy creek (optional, but recommended)
- _____ waterproof watch with an alarm
- _____ 2 1-liter water bottles
- _____ 1 pr. sunglasses with a strap (100% UV protection is necessary, Polarized is optional)
- _____ 1 bag travel-size toiletries (should fit in a quart size Ziplock bag, be conservative! These get packed into a bear can) including:

- _____ toothbrush
- _____ travel-size toothpaste
- _____ small container of hand sanitizer
- _____ 1 tube sunscreen (high SPF)
- _____ lip balm
- _____ travel-size bug repellent (optional)
- _____ travel pack of wet-wipes
- _____ 1 pr. ear plugs (for the noisy tent partner and boat/airplane ride)
- _____ 1 headlamp or small flashlight
- _____ 1 bug headnet (very important!)
- _____ 1 small knife or multi-use tool (optional)
- _____ camera in watertight case (optional)
- _____ one small water-resistant notepad and pen/pencil (Write-in-the-Rain brand recommended)

Luggage

- _____ 1 small day pack for hiking around (dry bag with straps or old book bag)
- _____ 1 small dry bag (approx. 10 L) for day bag – lunch, extra layer, camera, ect while kayaking
- _____ 2 medium dry bags (approx. 20 L) for clothing. (Alaska Geographic can assist with dry bags for those who don't have them)

Optional Gear

- _____ 1 large dry rafting style bag (aka Bill's Bag) if you already own one
- _____ 5-10 zip lock bags, various sizes for organization and waterproofing important items
- _____ 1-2 trash bag for dirty or wet items inside of drybags
- _____ personal snacks (in addition to the food and snacks Alaska Geographic provides.

****Please note:** you cannot keep food items in your tent or clothes drybag, these will need to kept securely with other food)

- _____ handwarmers
- _____ puffy jacket with treated down or synthetic fill (down does not retain its warming properties when wet)
- _____ book to read during down time

Things Alaska Geographic Provides

- Drybags (if you do not already own them)
- All paddling safety gear, kayaks, and paddles
- Paddling mittens (called pogies)
- Tents
- Plates, bowls, mugs with lids, stoves and all cooking and eating utensils
- Food and snacks
- Bear cans and bear fence for safely storing all food and toiletries