



# Alaska Geographic

## *Accommodations and Meals*

### **Accommodations in Denali**

Your group will stay at the Murie Science and Learning Center Field Camp at the Teklanika River Campground at mile 29 of the Denali Park Road. The field camp is made up of six tent cabins, two shared outhouses, a yurt, and a small storage space for group gear. Each tent cabin has two sets of bunk beds with foam mattresses. Each participant needs to provide their own sleeping bag and pillow. **There is no electricity, plumbing or any heated area, i.e., no hot water and no showers.**

Two to four participants will share tent cabin space. Please let us know if you are attending the course with others with whom you wish to share a tent cabin. If you are attending on your own, you will be sharing a tent cabin with one to three other participants of the same gender.

Lodging accommodations before and following the course are your responsibility. We do not endorse or recommend any particular lodge, cabins, or campground. Links to many accommodations can be found on the local [Chamber of Commerce website](#).

### **Meals in Denali**

The field camp kitchen has a small propane stove and no refrigeration. Simple yet hearty meals will be served, and dining will be outside when possible. The yurt may be used for dining during inclement weather. We have a limited ability to modify the menu; **please notify us of any clinically significant food allergies upon registering for the course by emailing [courses@akgeo.org](mailto:courses@akgeo.org)**. Our menu easily accommodates vegetarian and lactose-free diets. There is dried goods storage for those needing to supplement meals. Below is a sample menu which may be modified for your course.

#### **Breakfast Menu**

Oatmeal with toppings:

- Mixed nuts
- Craisins

Granola

Yogurt

Seasonal fruit

Bagels

Cream cheese

Butter

Peanut butter

Bakery items

Milk

Coffee, tea, hot chocolate

#### **Lunch Menu**

Sandwiches:

- Bread/Tortillas
- Turkey/Ham
- Hummus
- Cheese
- Cucumber
- Bell Peppers
- Spinach
- Mayonnaise
- Mustard
- Peanut butter & jelly

Snacks:

- Chips
- Granola bars
- Trail Mix
- Chocolate
- Carrots
- Seasonal fruit

#### **Dinner Menu**

Burritos:

- Flour tortillas
- Rice and black beans
- Chicken
- Sautéed vegetables
- Cheese
- Salsa
- Guacamole
- Sour cream
- Hot sauce

Side Salad

Dessert

